

Publication: *St. Joseph News-Press*

Publication Dates: 1997 and 1998

Publication Info: From August 1996 through August 1999, I was the newspaper's lifestyles editor. In my position, I did everything from essential line editing to guiding eight lifestyles sections a week from conception to production.

Among the approximately 1,200 lifestyles sections I helmed - working in collaboration with lifestyles writers, graphic artists, photographers and design editors - three series projects required particularly coordinated planning and execution. The projects - each with a daily main story and two or three sidebars - also happened to be enlightening, challenging and, at times, fun for all involved.

To receive clips of these articles, contact me at lwiedmaier@kc.rr.com.

RETURN TO CIVILITY

Part 1 Sunday Lifestyles: how and why to put "civil" back into civilization; with introductory column by me on reasons not to be rude

Part 2 Tuesday Health: how being civil is good for one's health

Part 3 Wednesday Food: promoting civility before, during and after dinner

Part 4 Saturday Faith and Ethics: cussing as a cause and effect of incivility

Part 5 Sunday Lifestyles: how being a good neighbor can lead to a more civil society

AGING GRACEFULLY

Part 1 Sunday Lifestyles: elder care options and care-giving resources

Part 2 Tuesday Health: senior citizens' need to make smart health decisions

Part 3 Wednesday Food: seniors' need for good food habits for nutritional and social reasons

Part 4 Thursday Photo Essay: elderly couple's love and companionship

Part 5 Saturday Faith and Ethics: seniors teaching youngsters spiritual and ethical lessons

Part 6 Sunday Lifestyles: elderly people as vital members of their families and communities

STRENGTHENING FAMILY BONDS

Part 1 Sunday Lifestyles: how people can establish or re-establish bonds within their own families; with introductory column by me on what makes a family

Part 2 Monday Community: National Family Week events

Part 3 Tuesday Health: how engaging in sports or fitness activities can strengthen family bonds

Part 4 Wednesday Food: why sitting down together for family meals is important

Part 5 Thursday Photo Essay: a day in the life of a local family

Part 6 Friday Entertainment: leisure-time activities suitable for family bonding

Part 7 Saturday Faith and Ethics: how community organizations, schools and churches help strengthen families

Part 8 Sunday Lifestyles: how people are establishing familial bonds within non-family groups



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